

Inspired by Nature Embroidered Bunting

A Slow Stitchery Project by Penny Gunn

For 'Milling About'

https://themille17.org/mill_online/

If you like sewing, drawing, photography, nature or walking, then have a go at this project.

If you can't get out and about, please take inspiration from the following photographs and those on the accompanying video.

- Observe the details in nature whilst getting some exercise
- Take photos and make sketches of the fauna and flora that you see
- From your observations take inspiration and get creative
- Embroider designs and turn these into fabric bunting depicting nature

The images in this project were taken on local walks and I've included some suggestions of places that you could visit:

The Wetlands



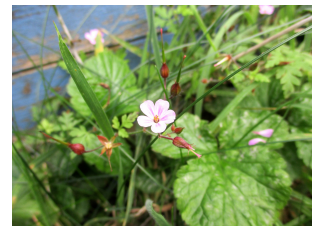
Epping Forest



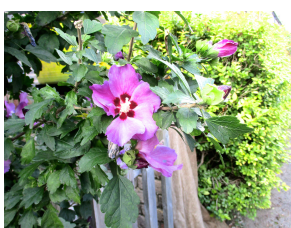
Local woodland or countryside



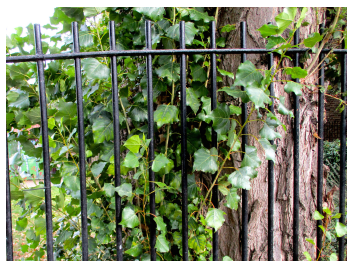
An urban garden



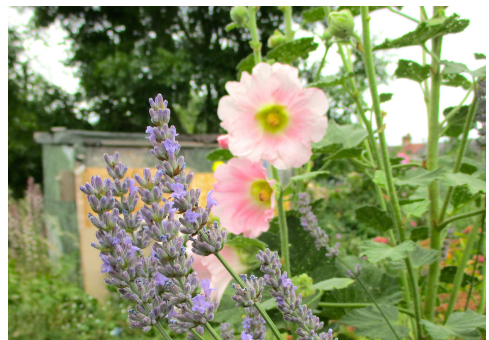
A walk down the street



A local park



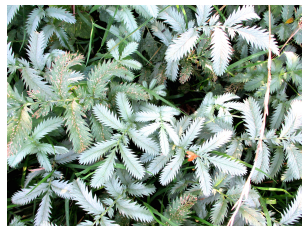
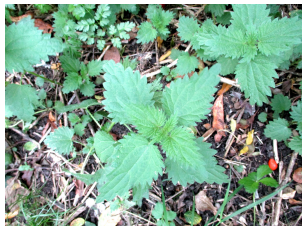
An allotment



Take photos, make sketches on your travels.
Here are some things to look out for:



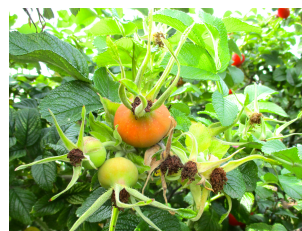
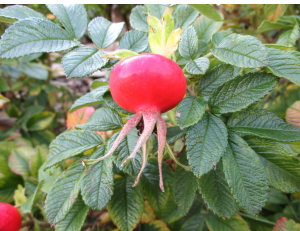
Silhouettes of trees



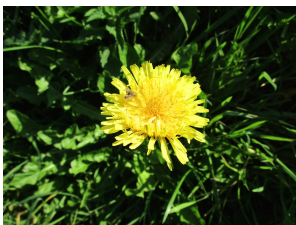
Shapes of different leaves



Unusual forms and colours of fungi



Urban berries and rosehips



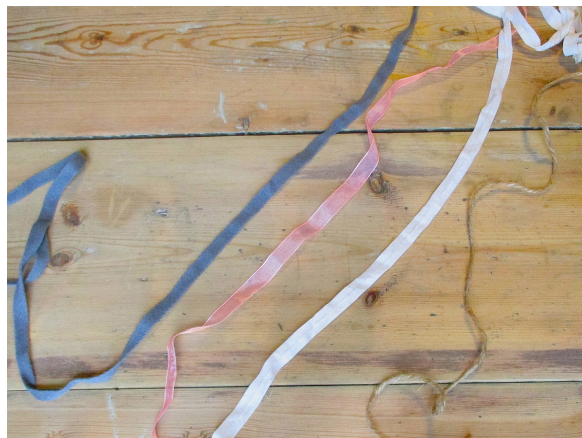
the tiny details in wild flowers and seed heads



Make some sketches - use them and your photos to inspire your embroidery designs. These are some of the sketches I made:



Sew your designs using embroidery thread (or you could try sewing thread or wool), and felt or scrap fabric for stitching and appliqué. You'll also need scraps of fabric and bias binding, ribbon or string for the bunting.



Here are a couple of ways to make bunting:

cut a diamond shape in fabric, fold in half, sew across the top then thread through with string...



...or cut two triangles, sew right sides together then turn out and sew onto bias binding or ribbon.



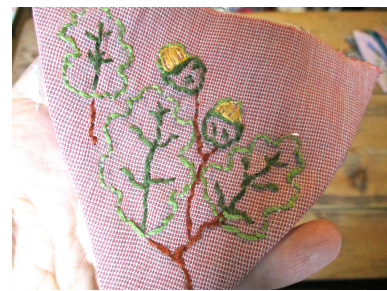
Here I've used simple stitches: **slip stitch**, **back stitch**, **chain stitch**, **blanket stitch**, **french knots**...you can try these stitches yourself. There are lots of books on embroidery or tutorials online, here are just a few links:

<https://www.pinterest.co.uk/christineahobbs/embroidery-stitches/>

<https://www.bhg.com/crafts/embroidery/basics/embroidery-stitch-basics/?>

<https://www.wikihow.com/Sew-Chain-Stitch>

<https://aprettyfix.com/7-basic-embroidery-stitches-beginners/>





I sewed my embroidered triangles onto homemade bias binding

My finished embroidered and appliquéd bunting.



I hope this project inspires you and that you'll have a go at making your own nature bunting.

