

**CASE STUDY TEMPLATE**

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| **NAME** *(for publication: can be first name only or nickname)* |
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| **BACKGROUND TO ENGAGEMENT** |
| *How did you come to be involved (in The Mill)? What made you want to come to this group/activity?* |
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| **OUTPUTS: ACTIVITIES AND EXPERIENCES** |
| *What activities did you take part in? In your own words, what positive experiences did you have? Who was involved?* |
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| **OUTCOME 1:** |
| *What difference did the project and/or activities have on your\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_?* |
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| **OUTCOME 2:** |
| *What difference did the project and/or activities have on your\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_?* |
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| **CHANGES TO WELLBEING** |
| *Thinking back to the start of the activity, would you say anything has changed in terms of your overall wellbeing / how you feel in yourself? Why do you say this?* |
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| **ROLE OF THE MILL and/or GROUP LEADERS** |
| *How did The Mill and/or the group leaders help you get the most out of your experience?* |
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| **PLANS FOR THE FUTURE** |
| *What will you do next? Will you take part in other activities at The Mill? How will you what you've learnt in the future? How will you build on your experiences?* |
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| **CONSENT** |
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